

Passion Projects that can be done from home.

Now is the perfect time to be focussing on Passion Projects. Remember, a Passion Project is a new skill or hobby. When choosing a Passion Project, think about what you're interested in or passionate about. Passion Projects also develop important life skills. Perseverance, confidence, resilience and concentration are just some of the skills that you'll develop. Therefore, it's important that you choose a hobby or skill that's new to you and something you can work on and develop over time.

Here are our top 10 Passion Project ideas:

- 1. Learn to play a **musical instrument**. Is there an instrument around home that you don't know how to play? There are lots of YouTube tutorials to help you learn an instrument. You could also try to <u>learn how to play the drums without owning a drum set</u>.
- 2. Learn a **new language**. There are some awesome online resources available. What about learning one of New Zealand's official languages such as <u>te reo Māori</u> or <u>NZ Sign Language</u>? Here are some other sites/apps that you could explore for help learning another language: <u>Duolingo</u>, <u>Drops</u> and of course YouTube.
- 3. **Get crafty!** Go digging or ask Mum or Dad about what could be lying around the house waiting to be transformed into something else. Here are just a few suggestions:
 - a. Knitting wool and needles you could learn to knit either with needles or with your hands, or you could get <u>creative and make other great things with wool/yarn.</u>
 - b. Learn to cross stitch if you have some equipment.
 - c. Get sewing. You don't need a machine as you can learn how to hand sew and make some of these cool things. Are there any old clothes or clothes that no longer fit that you could upcycle into something else?
 - d. Learn woodwork. If you've got some timber at home why not learn how to build a spice rack, a bird feeder or an iPad/tablet holder?
- 4. Free your inner **artist.** There are so many different styles of art that you could learn. Here are just a few suggestions:
 - a. Digital: photography and photography effects like filters, short film (you could script a film, cast family members, shoot it and edit it) or create a stop motion movie with toys, playdough characters or lego characters.
 - b. Paper: drawing, painting, sketching, cartooning, surprise art, paper mache, or origami.

- c. Written: write a story and illustrate it in a comic form, calligraphy, learn about the different styles of poems and write some, learn about journalism and write a daily news bulletin reporting on the day's events.
- 5. Get **gardening**. You could start a seed garden. Do you have some potting mix and seeds? Make your own seed garden with an <u>empty loo roll and a plastic tub</u>! And then plant them in the garden when they're big enough.
- 6. Learn to **dance**. Online tutorials can help you dazzle your friends, family with hip-hop, jazz or ballroom moves or learn the haka and some kapa haka moves just find a tutorial on YouTube.
- 7. Get busy in the **kitchen baking and cooking**. Could you get help from someone who is experienced in cooking or baking at home? Flick through recipe books for inspiration or check out YouTube tutorials.
- 8. Learn how to **code**. Take a look at <u>Blocky Games</u>, the Grasshopper app or <u>Scratchpad</u>. There are lots of coding tutorial sites out there, some of them free and some of them involve a fee.
- 9. Keep **active** learn yoga, pilates, juggling, gymnastics, trampolining, skateboarding, or a sport. NZ <u>Football have released a home training programme</u>. You could also challenge yourself by <u>walking the length of NZ</u>.
- 10. What about learning how to beatbox? <u>Spencer X</u> is one of the greatest out there, check out his YouTube channel for tutorials.